

## **Basic packing list**

Toiletries Deodorant  
Tooth brush  
Toothpaste  
Shampoo  
Conditioner  
Soap  
Feminie hygiene products  
Birth control  
Skin care  
Makeup  
Medicines  
Vitamins  
Basic first aid kit ; bandages, band aids , ointment and tweezers  
Clothes  
Underwear  
T shirts  
Long sleeve top  
Dress shirt  
Casual shirt  
Pants  
Dress pants  
Dress  
Suit jacket  
Sleep wear  
Jacket  
Raincoat light weight  
Shorts  
Dress shoes  
Hiking shoes \runners  
Flip flops \thongs  
Track pants and top for travel on the plane  
Swimwear \cover up  
Miscellaneous  
Copy of internary  
Copy of passport  
Power board  
Chargers for phone and computer  
Voltage adaptor